



*Renan Leal*

# About me

Born and living in Brasil I started my Pole Dance journey in early 2015 because I wanted to experiment something different and in 2017

I discovered the Exotic Pole when I felt completely in love with, since then I never stopped learning and searching about the Low Flow and Exotic Pole possibilities and elements.

In 2020, since the beginning of the Pandemic I started teaching online classes by myself and also for National platforms like ExoticYOU and Sessão PIN UP. I also started teaching classes on monthly basis for the international platform Team Basework besides my own classes around the world.

I also won the Overall place in the Exotic Generation Championship twice "2019 in Brazil and 2020 in Russia" now I've been traveling around the world teaching, judging and performing at the main Festivals and events.



*Workshops*

# Workshops

## TRICKS, LINES AND TRANSITIONS

- In this class we're gonna learn details of Exotic elements, lines, tricks and transitions with progressions for all levels. Here we are going to learn how to bring sinuosity to our movement and also work on creativity in creating combos.

## SEXY HYPNO FLOW (EXOTIC FLOW/EXOTIC OLD SCHOOL)

- I like to called it Sexy hypno flow the way we're going to dance during this class. Here we're gonna explore a Low Flow movement abusing of different lines and also exploring sensuality. With a lot different transitions while we dance together in a sexy and hypnotic mood! Recommended for all levels!

## DYNAMIC

- Here we'll dance some hard style, mixing movements from hip hop, twerk in a dynamic way. What to expect: tricks and dynamic transitions! Recommend for intermediate level!

## FUNKOTIC

- This class has the most Brazilian flavor, we'll combine the Exotic Pole Dance with the Brazilian funk music abusing of musicality, sensuality.

The kneepads are more than recommended for all of classes.

# Prices

1. All the classes are 90 min long (1 hour and 30 minutes)
2. 40 USD/EUR/GBP per student.
3. Minimum 6 students or Minimum 3 classes depending on the pole capacity of the studio.
4. 200 USD/EUR for performances